

Alternate Dietary Request

In order to best accommodate guest needs we must have the completed requests two weeks prior to your arrival. This will enable us to plan meals, order food and schedule staff. Please note: alternate dietary requests will apply to all meals during the participants stay. Guests should assume personal responsibility for their dietary needs and in extreme cases may be asked to provide their own food.

Your Name: _____ Group Name: _____

Phone: _____ E-mail: _____
The food service department may need to contact you about the information you provide on this form.

Arrival date _____ First Meal is: _____

Departure date _____ Last Meal is: _____

All Meals? ___ Yes ___ No Breakfast _____ Lunch _____ Dinner _____

We will provide meals for the following dietary choices: (please check if applicable)

___ Vegetarian ___ Vegan ___ Pescatarian (fish only) ___ No Pork ___ No Beef

We can also accommodate the following **medically necessary** dietary needs: (please check if applicable)

___ Lactose Intolerant (NO dairy) ___ Gluten Intolerant (NO gluten) ___ Diabetic (extra protein)

Food Allergies: (These are the 8 most common food allergies - Please be aware that these foods are used in our kitchen and served at Menucha. If your allergy is so severe that this may be a problem, note it here.) _____

___ Milk ___ Egg ___ Peanut ___ Tree Nut ___ Fish ___ Shellfish ___ Soy ___ Wheat

Other Food Allergy _____ (The Food Service Manager will determine whether this can be accommodated).

You will be issued a card by your group leader upon your arrival at Menucha. This card will state your dietary needs and must be presented to the kitchen as you pick up each meal so that we provide the correct meals. We will do our very best to enhance your visit to Menucha with delicious meals.

Return completed form to: Creative Arts Community, PO Box 4958, Portland, Or 97208 2/17/10

* Menucha has added a surcharge fo \$28 per week for these meals but for the 2010 workshops, CAC will pay the additional cost.